



RADIANT HEALTH
WEIGHT LOSS AND WELLNESS

Spruce Health- Our Practice Communication Tool

1. We use a secure, convenient communication app called Spruce. When you join the practice as a patient, you will be invited to download the Spruce app. Through the app, you will be able to communicate directly with us via text.
2. For any non-urgent issues, appointment changes or non-urgent updates, please use the app.
3. If you are having an urgent issue, please call and do not text about such issues.
4. If you are having a medical emergency, please dial 911 or visit the closest emergency room.
5. Messages received Mon-Fri 8:30-6 pm will be answered within a few hours. Messages outside of these hours will be answered during normal business hours.
6. Weekly health coaching messages from Dr. Mittal will be done via the app. You will receive notifications through the app that you have a message.
7. Documents as PDF, photos as JPG can be securely attached to communications.
8. Superbills with diagnosis codes after your visits will be sent to you via the app.

I acknowledge that I have reviewed the policy for using the Spruce Health app.

Patient Signature/Name printed

Date